



Paint, Cook, Eat
and sketch your own
Recipe Book

Watercolor Workshop in TUSCANY

A week with **MAJID MODIR**

and **GRAŻYNA OSTROWSKA** as guest teacher

Late summer edition: **10-17 September**

VOLTERRA 2023

arranged by
IL PUNTO WATERCOLOR SCHOOL



PAINT > COOK > EAT

And sketch your own Recipe Book

Plein-Air & Studio Watercolor Workshop in Volterra / Italy

5-days workshop arranged by The [Watercolor School IL PUNTO](#)

in collaboration with [Volterra-Detroit Foundation](#)

Guided by [MAJID MODIR](#) - Swedish/Persian visual artist & watercolor instructor

Accompanied by the [GRAŻYNA OSTROWSKA](#) (guest teacher) - German/Polish illustrator

Hosted by [Villa Mascagni](#)

Join a creative adventure at the historical town of Volterra in the heart of Tuscany!

You will bring vibrant paintings, unforgettable memories and finally a beautiful recipe book back home!

Start with deepening your drawing & sketching skills, followed by improving various watercolor techniques and plein-air painting methods - learning at the same time how to do turn a usual cooking session into a joyful, creative process.

We will explore various locations every day:

Best spots of the old Etruscan town and surrounding picturesque villages, wrapped in the stunning nature of golden green hills with cypress trees. Good weather provided, we do a trip to the beach –and swim in the Tyrrhenian sea!

Our sessions will contain numerous demos, instructions, exercises and reviews, in- and out-door, individual and group tuition.

Concurrently we will spend time cooking and tasting delicious food: preparing dishes inspired by Tuscan & Middle East cuisine!

Majid is a passionate cook, known among his friends for mastering not only watercolor technique, but also performing with great engagement in the kitchen! He loves to harvest vegetables from his own sunny garden and transform it into healthy, tasteful and unique meal compositions and offer it to the loved ones :)

During the workshop he will share his knowledge, experience and his enthusiasm for cooking.

This experience will be accompanied by the professional illustrator Pia, guiding you in the process of producing, collecting the sketches, into final illustrating of an unique Recipe Book full of stunning pictures.

With Majid and Grażyna you will enjoy a rare adventure and get a memory for life!

For more impressions of our previous events please check here:

[Workshop by Majid at IL PUNTO Watercolor School](#)





Learning Goals

- THE ART OF OBSERVING THINGS
- IMPROVEMENT OF SKETCHING IN WATERCOLOR
- SIMPLIFYING METHODS
- COLORS & VALUES
- THE ART OF "TASTING" BY PLAYFUL DOCUMENTATION

Daily Schedule

7 days of accommodation including 5 workshop days, of which 3 half-day sessions of cooking

7 hours session per working day including a lunch break Morning: 10 am - 1 pm / Afternoon: 2 - 5 pm / Ending with a daily review

DAY 1 / Sunday ARRIVAL

- Registration at the Villa Mascagni, Welcoming Dinner at the villa

DAY 2 / Monday INTRODUCTION (a day at the studio/school of Volterra Detroit Foundation)

- Basics in watercolor technique, introducing materials and devices for plein-air works, followed by a demo
- Sketching the ingredients and making the lunch together, followed by practicing watercolors outdoors

DAY 3 / Tuesday THE COLOR PALETTE (Volterra town)

- Morning: Sketching & Cooking in the school, followed by lunch at the archaeological park
- Afternoon: Painting "Cold & Warm Nature": green life at the park, and color of the earth at the amphitheater Teatro Romano

DAY 4 / Wednesday SKETCH WALK (Trip to the picturesque village of Mazzolla)

- Morning: Finding subjects and painting in the castle, followed by lunch at the famous local Trattoria
- Afternoon: Back to Volterra, simplifying the crowd in the Piazza, by choosing one clear focal point

DAY 5 / Thursday THE VALUES (Trip to Badia Monastery)

- Morning: Painting panoramic landscape (outdoor)
- Afternoon: , studying values with the contrast between light & dark (indoor)

DAY 6 / Friday PICNIC SKETCHING (Trip to the seaside)

- Morning: Sketching & Cooking in the school, followed by departing for lunch at the beach
- Afternoon: "Blue Palette" by painting the sky & the sea in different compositions

DAY 7 / Saturday EXHIBITION

- Final show with presenting the artworks of the week plus the Recipe Books for public in the school's showroom

DAY 8 / Sunday DEPARTURE

* With reservation for changes regarding the weather condition!

Language

English (Swedish, German, Persian, Polish and basic Italian possible)

Number of participants

Minimum 5, Maximum 10 participants

All levels are welcome! (preferably with basic experience of drawing and watercolor painting)

Supplies

Each participant will be provided with a high-quality watercolor kit (complete supply bag by IL PUNTO):

A wooden pad, Watercolor paper, Paint box, Brushes, Water Cup, Drawing pen & pencil and a Sketchbook.

A specific list of including materials, and also an optional extra devices in order to buy will be send to the participants.



Working method

During the cooking sessions we will sketch the ingredients at the same time as we prepare and gradually start cooking. We also take photos of the process in order to continue painting, texting and finally arrange the recipe book during the off hours.

The plein-air sessions will take place in different locations according the daily schedule. It will be a mix of different spots in the old town as well as wide Tuscan landscapes.

All the recipe books and a selection of the watercolor works will be shown for public on Saturday evening.



Kookoo Sabzi



Melanzane alla Parmigiana



Accommodation

The workshop will be hosted in the beautiful [Villa Mascagni](#), located at the edge of town walls (5-10 minutes walk to the center).

The villa with 5 apartments is completely reserved for us in a week, each apartment has a bedroom with twin bed and a living room with a twin bed-sofa, to share for 2 persons.

FIRST COME, FIRST SERVED!

Workshop Fee: 1.950 Euro * (Students >> 15% DISCOUNT!)

Including:

- Tuition 30 hours (6 hours per day in 5 days) of lectures, demos, instructions and reviews by 2 instructors
 - Accommodation 7 days (Sunday to Sunday) in shared apartments (2 persons) **
 - Transfers between Pisa Airport and Volterra (arrival & departure), and daily trips to the locations
 - 5 Lunches (Monday to Friday) and 2 Dinners (first and last supper) ***
 - Complete kit of art materials by high quality brands
 - Final show exhibition of the artworks with special guests, snacks and drinks
- * 1.250 Euro for a non-participating partner/company (includes Accommodation, Transfers, Meals)
- ** Possibility to use the apartment for only one person by paying extra 350 Euro
- *** Possibility to order the breakfasts at the villa by paying extra 100 Euro

Payment & Cancellation policy

- A pre-payment of 150 Euro by PayPal or Bank Transfer (preferably Bank) is required to be registered.
This payment is not refundable!
- The rest (1.800 Euro / 1.100 Euro for non-participant) must be paid latest 1 month before the workshop start
By Bank Transfer (No PayPal).
- In case of cancellation by the organizer all the paid sum will be refunded.

This workshop is ALL-INCLUSIVE, providing all necessary art supplies.
(the only thing you need: your flight ticket)

Apply by sending a mail to: workshops@il-punto.org



Majid Modir

Visual artist, photographer and graphic designer, born 1961 in Iran, moved to Sweden 1986 and 2016 to Italy. He graduated in Graphic Design & Illustration (MFA) at The Swedish University College of Arts, Crafts and Design ([Konstfack](#)).

As creative director he runs his own [Design Studio](#) and also teaches motion graphic at The College of Art & Design ([Nyckelviksskolan](#)) in Stockholm. He is a member of [Nordic Watercolor Association](#), [Swedish Artist's Association](#), [Swedish Center of Photography](#) and a jury member of the European Broadcast Design Award ([BDA & Promax](#)).

Multiply awarded, he has been showing his works and watercolors in a number of separate and group exhibitions in Scandinavian countries during last 30 years as well as in Italy during the last 5 years.

Artist website: www.majidmodir.com

Instagram: www.instagram.com/ilpuntowatercolorschool





Grażyna Ostrowska (guest teacher)

I was born in Warsaw, Poland, 1972. In the 1990's I have studied at the Academy of Fine Art in Warsaw.

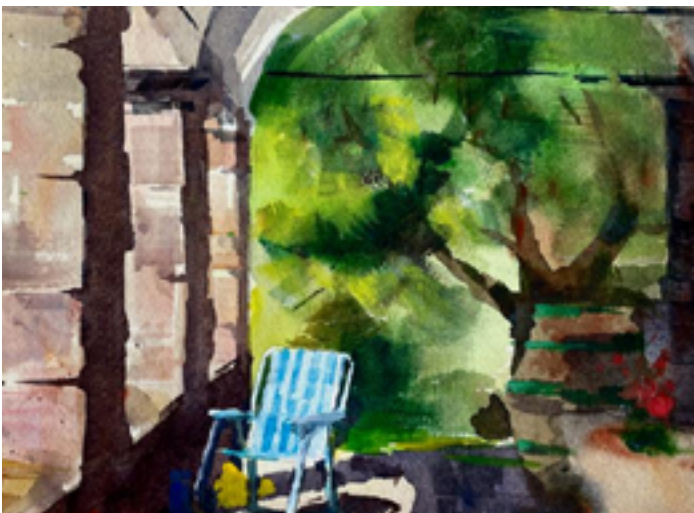
Shortly after my final exams I moved to Berlin in Germany and finally to Cologne, where I live and work now.

Nature, in a broad sense, is the subject that inspires me the most. I feel that every creative activity eventually flows into one big sea of the artistic expression. This "big sea" continuously creates new waves that encourage me to keep on experimenting, be spontaneous, and try new paths – in my art, as well in my life.

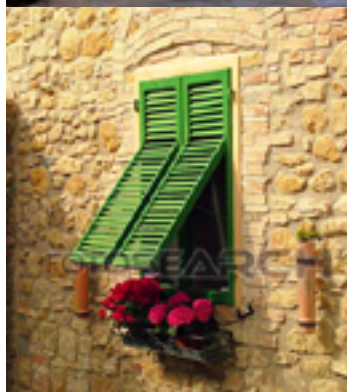
As a freelance illustrator, I run a studio ILLUS-ICONS-INFOGRAPHICS, creating digital illustrations, visualizing facts & figures, designing icons, and drawing illustrated maps.

Artist website: www.grazynaostrowska.com

Instagram: www.instagram.com/grazy.artworks



Welcome to
VOLTERRA



Volterra in May



Volterra in September

Save the dates today!
10-17 September 2023

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